

Name:	Ancil Hoffman Park				
Description:	Walk through upscale neighborhoods to Ancil Hoffman Park. Travel the dirt paths in this 396 acre park located along the beautiful American River Parkway. Keep a look out for deer and wild turkey along the path. Visit the Maidu Indian Village and Effie Yeaw Nature Center at the end of the park route. The 5k and 10k walks require a short drive to the start of the walk at Shelffield Park. There is a 3K option to walk from 24 Hr Fitness to Shelffield Park. The 5k, 11k, 14k routes that include Ancil Hoffman Park are rated 1B. The 6k and 8k routes that are in residential neighborhoods are rated 1A. No restrooms at 24 Hr Fitness but McDonald's and Raley's grocery are across the street and there are restrooms at Ancil Hoffman Park; no restrooms in Shelffield Park.				
Distance:	5K,6K,8K,11 K,14K	Difficulty Rating:	1B	County:	Sacramento
Hours:	6:00am to dark or 9:00pm, whichever is earlier.				
Annual AVA ID:	2018-108337	YRE ID:	Y1712		
Start Point Information					
Where:	Address	City	State	Zip	
24 Hour Fitness	5114 Arden Way	Carmichael	CA	95608	
GPS: 38.594624,-121.346439					
From I-80 or Capitol City Freeway, take Watt Ave S exit, turn left on Arden Wy, cross Fair Oaks Blvd, 24 Hr Fitness is in shopping center on the right next to Bella Bru Cafe. From Hwy 50, take Watt Ave N exit, turn right on Fair Oaks, right on Arden Way, 24 Hr Fitness is in shopping center on the right next to Bella Bru Cafe.					
Accessibility					
Water	Strollers	Wheelchairs	Pets		
Yes	Not Recommended	Not Recommended	Yes		
Comments					
Restrooms Ancil Hoffman Park; NO RESTROOMS at the start of the walk, Shelffield Park. The 14k, 11k, 5k routes that include Ancil Hoffman Park are rated 1B. The 8k and 6k routes that are in residential neighborhoods are rated 1A. CA Counties: Sacramento					
POC Information					
Name	Phone		Email		
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