

Name:	Humbug Willow Creek Tour				
Description:	This 25K bike route will dazzle you with the hidden bike trails from historic Folsom along Humbug Willow Creek and the American River Parkway. The route starts in old historic Folsom at the award winning Karen's Bakery and continues along the American River for a few miles until it hooks up with the Humbug Willow Creek bike trail. Travel through the wetlands of a thriving bird sanctuary, over bridges, through parks and along an urban lake. This gem of a bike ride is hidden in the middle of an urban setting, but you would never know it. This is primarily an out and back route and is fairly easy with few hills. Restrooms and water are available at start and in the parks along the route.				
Distance:	25k	Difficulty Rating:	1A	County:	Sacramento
Hours:	Mo-Sat 6:30 am - 4:00 pm, Closed Sundays				
Annual AVA ID:	2018-108487	YRE ID:	Y0884		
Start Point Information					
Where:	Address	City	State	Zip	
Karen's Bakery and Cafe	705 Gold Lake Drive, Suite #340	Folsom	CA	95630	
GPS: 38.677788,-121.179847					
From U.S. 50 Eastbound, take Folsom Blvd Exit, turn left. Just past Natoma St, take ramp on right to Historic District. Continue straight on Sutter St for a short distance. Turn left on Reading St. Turn right on Leidesdorff Dr .Turn left on Gold Lake Drive. Karen's is on corner of Gold Lake and Leidesdorff. Free parking available in two story brick bldg. on corner of Leidesdorff and Reading St.					
Accessibility					
Water	Strollers	Wheelchairs	Pets		
Yes	Medium	Hard	Yes		
Comments					
Restrooms/water available at start and in parks along the route. County-Sacramento					
POC Information					
Name	Phone		Email		
Heidi Foster	(916) 792-1720		heidwalks@sbcglobal.net		